## Claims

- 1. An annulus stent, for repair of an intervertebral disc annulus, comprising an elongated centralized vertical extension, said centralized vertical extension comprising a left and a right lateral extension along said centralized vertical extension's horizontal axis.
- 2. The annulus stent according to claim 1, wherein said vertical extension further comprises a slot.
- 3. The annulus stent according to claim 1, wherein said vertical extension is perforated.
- 4. The annulus stent according to claim 1, wherein said left and right lateral extensions comprise an inside edge, an outside edge, an upper surface and a lower surface, wherein said inside edge joins said centralized vertical extension to form a horizontal plane.
- 5. The annulus stent according to claim 4, wherein said upper surface forms an angle of about 0 to 60 degrees below said horizontal plane.
- 6. The annulus stent according to claim 4, wherein the length of said inside edge is less than the length of said outside edge.

- 7. The annulus stent according to claim 4, wherein said inside edge has a greater thickness than said outside edge.
- 8. The annulus stent according to claim 4, wherein said upper surface is barbed.
- 9. The annulus stent according to claim 4, further comprising a recess wherein said upper surface joins said centralized vertical extension.
- 10. The annulus stent according to claim 4, wherein said lateral extension further comprises a compressible core affixed to said lower surface.
- 11. The annulus stent according to claim 10, wherein said compressible core is made of a compressible biocompatible material.
- 12. The annulus stent according to claim 10, wherein said compressible core is made of a compressible bioreabsorbable material.
- 13. The annulus stent according to claim 4, further comprising a flexible bladder affixed to said lower surface of said left and right lateral extensions.
- 14. The annulus stent according to claim 13, wherein said flexible bladder comprises a membrane enclosing an internal cavity.

- 15. The annulus stent according to claim 14, wherein said internal cavity is empty.
- 16. The annulus stent according to claim 14, wherein said membrane comprises a thin flexible biocompatible material.
- 17. The annulus stent according to claim 16, wherein said membrane further comprises a semi-permeable material.
- 18. The annulus stent according to claim 17, wherein said internal cavity contains a biocompatible fluid.
- 19. The annulus stent according to claim 18, wherein said biocompatible fluid is a hydrogel.

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- 20. The annulus stent according to claim 16, wherein said membrane further comprises an impermeable material.
- 21. The annulus stent according to claim 20, wherein said internal cavity contains a biocompatible fluid.

- 22. The annulus stent according to claim 1, wherein said centralized vertical extension is of a shape selected from the group consisting of a trapezoid, circular and curved.
- 23. The annulus stent according to claim 1, wherein said annulus stent is made from a material selected from the group consisting of a biocompatible material, a bioactive material, and a bioreabsorbable material.
  - 24. The annulus stent according to claim 23, wherein said annulus stent is made from a biocompatible fiber mesh.
  - 25. The annulus stent according to claim 23, wherein said annulus stent is made from a bioreabsorbable fiber mesh.
  - 26. The annulus stent according to claim 23, wherein said annulus stent is made from expandable polytetra fluoroethylyene.
  - 27. The annulus stent according to claim 1, wherein said annulus stent comprises a material to facilitate regeneration of disc tissue.
  - 28. The annulus stent according to claim 1, wherein said annulus stent comprises a hygroscopic material.

- 29. An annulus patch, wherein said annulus patch is of the size and shape for repair of a intervertebral disc annulus.
- 30. The annulus patch according to claim 29, wherein said annulus patch is human muscle fascia, an autograft, an allograft or a xenograft.
- 31. A method for repairing an intervertebral disc, wherein said intervertebral disc comprises a disc nucleus and a disc annulus, comprising the steps of;
  - a) forming an aperture in said intervertebral disc annulus; and
  - b) securing across said aperture to said intervertebral disc annulus an annulus patch.
- 32. The method for repairing an intervertebral disc according to claim 31, wherein said annulus patch is human muscle fascia, an autograft, an allograft, or a xenograft.
- 33. The method for repairing an intervertebral disc according to claim 31, further comprising the step of preparing said intervertebral disc, wherein said preparation step comprises the steps;
  - a) identifying a damaged section of said disc nucleus; and
  - b) removing said damaged section of said disc nucleus.

- 34. A method for repairing an intervertebral disc, wherein said intervertebral disc comprises a disc nucleus and a disc annulus, comprising the steps of;
  - a) forming an aperture in said intervertebral disc annulus;
  - b) inserting an annulus stent into said aperture, wherein said annulus stent comprises an elongated centralized vertical extension, a left and a right lateral extension along said centralized vertical extension's horizontal axis; and
  - securing said annulus stent to said intervertebral disc annulus.
- 35. The method for repairing an intervertebral disc according to claim 34, wherein said step of forming said aperture in said disc annulus comprises the step of making a surgical incision into said disc annulus.
- 36. The method for repairing an intervertebral disc according to claim 34, wherein said step of inserting said annulus stent into said aperture comprises the steps of;
  - a) compressing said left and right lateral extensions together;
  - b) inserting said annulus stent into said aperture, such that an upper surface of said left and right lateral extensions conforms to an inside surface of said disc annulus; and

- c) positioning said centralized vertical extension within said aperture, such that said annulus stent may be secured to said disc annulus.
- 37. The method for repairing an intervertebral disc according to claim 34, wherein said step of inserting said annulus stent into said aperture comprises the steps of;
  - a) compressing said left and right lateral extension together;
  - b) rotating said annulus stent, such that said annulus stent may be laterally inserted into said intervertebral disc;
  - c) inserting said annulus stent laterally through said aperture into said intervertebral disc;
  - d) rotating said annulus stent within said intervertebral disc, such that an upper surface of said left and right lateral extensions conforms to an inside surface of said disc annulus; and
  - e) positioning said centralized vertical extension within said aperture, such that said annulus stent may be secured to said disc annulus.
- 38. The method for repairing an intervertebral disc according to claim 34, further comprising a step of preparing said intervertebral disc, wherein said preparation step comprises the steps of inserting a set surgical screws into a pair of adjacent intervertebral, wherein said surgical screws comprise an eye hole located at the top of said surgical screw.

- 39. The method for repairing an intervertebral disc according to claim 38, wherein said step of securing said annulus stent to said intervertebral disc comprises the steps of threading a surgical suture through said eye hole on said surgical screw.
- 40. The method for repairing an intervertebral disc according to claim 34, further comprising the step of preparing said intervertebral disc, wherein said preparation step comprises the steps;
  - a) identifying a damaged section of said disc nucleus; and
  - b) removing said damaged section of said disc nucleus.
- 41. The method for repairing an intervertebral disc according to claim 40, wherein said step of inserting said annulus stent into said aperture comprises the steps of;
  - a) compressing said left and right lateral extensions together;
  - b) inserting said annulus stent into said aperture, such that an upper surface of said left and right lateral extensions conforms to an inside surface of said disc annulus:
  - c) positioning said centralized vertical extension within said
    aperture, such that said annulus stent may be secured to disc annulus;
    and
  - d) injecting a biocompatible fluid into said internal cavity, through said annulus stent.

- 42. The method for repairing an intervertebral disc according to claim 41, wherein said biocompatible fluid comprises a hygroscopic material.
- 43. The method for repairing an intervertebral disc according to claim 40, wherein said step inserting said annulus stent into said aperture comprises the steps of;
  - a) compressing said left and right lateral extensions together;
  - b) rotating said annulus stent, such that said annulus stent may be laterally inserted into said intervertebral disc;
  - c) inserting said annulus stent laterally through said aperture into said intervertebral disc;
  - d) rotating said annulus stent within said intervertebral disc, such that an upper surface of said left and right lateral extensions conforms to an inside surface of said disc annulus:
  - e) positioning said centralized vertical extension within said aperture, such that said annulus stent may be secured to disc annulus; and
  - f) inject a biocompatible fluid into said internal cavity, through said annulus stent.
- 44. The method for repairing an intervertebral disc according to claim 43, wherein said biocompatible fluid comprises a hygroscopic material.